

Reha Ortho 17:00	Reha Ortho 09:00	Reha Zirkeltraining (betreutes Krafttraining) 10:00	Reha Ortho 09:00	Reha Ortho 09:00
Reha Ortho 18:00	Reha Ortho 10:00	Reha Ortho 13:00	SenioFit 10:00	Reha Ortho 18:00
	Reha Ortho 14:00	Reha Ortho 16:00	Reha Ortho 11:00	Reha Zirkeltraining (betreutes Krafttraining) 11:00
	Stop 17:00	Reha Ortho 19:00	Reha Zirkeltraining (betreutes Krafttraining) 17:00	
		Reha Ortho 20:00	Bauch-Beine-Po 18:00	
			Stop 19:00	