

Relax-Ortho 09:00	Relax-Ortho 11:00	Relax-Ortho 09:00	Relax-Ortho 09:00	Relax-Ortho 11:00
Indoor-Cycling 10:00	Stretch & Relax 16:30	Bauch Workout 30min 10:00	Stretch & Relax 11:00	Indoor-Cycling 14:00
LesMills® BodyBalance 10:30	LesMills® BODYPUMP 17:00	Relax-Ortho 14:00	Lucky Body Workout 16:00	
Relax-Ortho 11:00	Relax-Ortho 18:00	Indoor-Cycling 17:00	Relax-Ortho 17:00	
Indoor-Cycling 18:00	Bauch-Beine Po 19:00	Bauch Workout 30min 17:30	Zumba® 18:00	
Tennis 18:30		LesMills® BODYPUMP 18:00	Fatburner/HIIT 19:00	
LesMills® BodyBalance 19:30		LesMills® BodyBalance 19:00		