

Relax-Ortho 14:00 19:00	Relax-Ortho 14:00 16:00	Rückenaktiv 09:00 10:00	Relax-Ortho 14:00 16:00	Aqua-Reha 08:30 09:30
Relax-Ortho 14:00 15:00	Relax-Ortho 14:00 17:00	Relax-Ortho 14:00 15:00	Relax-Ortho 14:00 17:00	Jumping-Fitness® 18:00 19:00
Shadow-Boxing 10:00 11:00	16:00 18:00	Relax-Ortho 14:00 15:00	Core-Training 17:00 18:00	
Jumping-Fitness® 19:00 20:00	Aqua-Reha 19:00 20:00	Kindersport- ab 2 Jahre 15:00 15:30		
		Kindersport- ab 2 Jahre 16:00 16:30		
		Jumping-Fitness® 19:00 20:00		