

Reha 09:00 Ortho	Reha 09:00 Ortho	Reha 10:00 Ortho	Reha 10:00 Ortho	Reha 10:00 Ortho
Reha 10:00 Fit	Reha Zirkeltraining (betreutes Krafttraining)	Faszientraining	Reha 15:00 Ortho	Rücken Fit
Reha 15:05 Ortho	Rehasport Herzsport	Yoga	Kids Training	Faszientraining
Yoga	Rehasport Herzsport	Reha 16:30 Ortho	Kids Training	Yoga
Jumping Fitness®	Kids Training	Rücken Fit	Jumping Fitness®	
Brazilian Jiu-Jitsu	Reha 16:30 Ortho	LesMills® BODYATTACK		
	Kids Training			
	LesMills® BODYPUMP			