

LuckyFitness.de Kursplan für Studio Magdeburg

10:00
Rücken Fit

09:00
Reha Ortho

10:00
Jumping Fitness

08:15
Reha Ortho

09:00
Reha Neuro

11:00
Stretch & Relax

10:00
Reha Ortho

11:00
Bauch Express

09:00
Reha Ortho

10:00
Jumping Fitness

17:00
Body Challenge

11:00
Lucky Body Workout

13:00
Reha Ortho

10:00
Lucky Body Workout

11:00
Stretch & Relax

18:00
Pilates
LesMills RPM®

17:00
LesMills TONE

17:00
LesMills BODYPUMP

16:00
Reha Ortho

12:00
Reha Ortho

19:00
Bauch-Beine-Po

18:00
Jumping Fitness

17:15
Zumba

17:00
Reha Ortho

16:30
Zumba

19:00
Bauch Express

18:00
LesMills RPM®
Bauch Express

18:00
LesMills TONE

17:30
LesMills BODYPUMP

19:30
Reha Ortho

19:00
Jumping Fitness

18:30
Stretch & Relax

19:00
Bauch-Beine-Po

Stand: 20.10.2019