
~~19:00~~

~~19:00~~

~~19:00~~

~~19:00~~

~~16:00~~ Fatburner/hiit

~~16:30~~ Kindersport & Fahre

~~17:00~~ Mobility

~~19:00~~ Jukipis®

AquaReha
18:00

AquaReha
09:00

Reha
18:00

Brazilian Jitsu
18:00

Reha
18:00

Reha
18:00

AquaReha
18:00

Reha
18:00

Mobility
11:30min

Crosstraining
17:00

Reha
18:00

Kampfsport
17:00

Kampfsport
16:00

Langhanteltraining
18:00

Kindersport
16:30 ab 2 Jahre

Boxen
18:30

Bauch-Becken-Po
17:00

Nordische Skilanglauf
18:00

Kids Fightclub
17:00

~~Pilates~~

~~Reha~~

Stand: 21.05.2024

~~Reha~~

~~Mixed Martial Arts~~

~~Reha~~

~~Reha~~

~~Reha~~

~~Reha~~

~~Aquafitness~~

~~Jumping Fitness®~~

~~Mobility 30min~~

~~Arts & Crafts~~

~~Reha~~

~~Mixed Martial Arts~~

~~Kindersport ab 2 Jahre~~

~~Kids Fightclub~~

~~Brazilian Jiu-Jitsu~~