

Reha 09:00tho

Reha 09:00tho

Reha 09:00tho

Reha 09:00tho

Reha 09:00tho

Reha 10:00tho

Reha Zirkeltraining (betreutes Krafttraining)

Faszientraining

Reha 15:00tho

Rücken Fit

Reha 15:00tho

Rehasport Herzsport

Yoga

Kids 15:00ning

Yoga

Rehasport Herzsport

Reha 16:00tho

Kids 17:00ning

Jumping Fitness®

Kids 15:00ning

RZ 17:00o

Jumping Fitness®

Brazilian Jiu-Jitsu

Reha 16:00tho

Function Training

Kids 17:00ning

Brazilian Jiu-Jitsu

Les Mills® BODY PUMP