

# LuckyFitness.de Kursplan für Studio Dessau

## Montag

**09:00**  
*Reha Ortho*

**13:00**  
*Reha Neuro*

**18:00**  
*Jumping Fitness*

**19:15**  
*LesMills BodyBalance*

## Dienstag

**16:00**  
*Reha Ortho*

**18:00**  
*LesMills BODYPUMP*

**19:15**  
*LesMills BodyBalance*

**20:15**  
*Jumping Fitness*

## Mittwoch

**09:00**  
*Frühsport*

**10:00**  
*Autogenes Training*

**18:15**  
*LuckyWorkhard*

**19:15**  
*Jumping Fitness*

## Donnerstag

**13:45**  
*Reha Ortho*

**17:00**  
*Reha Ortho*

**18:00**  
*LesMills BODYPUMP*

**19:15**  
*LesMills BodyBalance*

## Freitag

**09:00**  
*Frühsport*

**10:00**  
*Jumping Fitness*

**12:00**  
*Reha Ortho*

**17:00**  
*Reha Ortho*

Stand: 11.12.2018