

# LuckyFitness.de Kursplan für Studio Haldensleben

## Montag

**09:30**  
*Reha Ortho*

**10:30**  
*LesMills BODYATTACK*

**16:00**  
*Reha Ortho*

**17:00**  
*Yoga*

**19:30**  
*LesMills BODYPUMP*

## Dienstag

**09:00**  
*Reha Ortho*

**10:00**  
*Reha Ortho*

**16:00**  
*KidsFightclub*

**17:00**  
*KidsFightclub*

**18:00**  
*TeensFightclub*

**19:00**  
*Fitnessboxen / Thaiboxen*

## Mittwoch

**09:30**  
*LesMills BodyBalance*

**10:00**  
*BabyMassage*

**16:00**  
*Schwangerschaftsgymnastik*

**17:00**  
*LesMills BodyBalance*

**18:00**  
*LesMills BODYPUMP*

## Donnerstag

**10:00**  
*Reha Ortho*

**16:00**  
*Reha Ortho*

**17:00**  
*Reha Ortho*

**18:00**  
*LesMills BODYATTACK*

**19:00**  
*Reha Ortho*

## Freitag

**09:00**  
*Fit mit Baby*

**10:00**  
*Reha Ortho*

**15:00**  
*LesMills BODYATTACK*  
*LesMills BODYPUMP*

**16:00**  
*KidsFightclub*

**17:00**  
*KidsFightclub*

**18:00**  
*TeensFightclub*

**19:00**  
*Fitnessboxen / Thaiboxen*

## Sonntag

**10:30**  
*LesMills BodyBalance*