

09:30
Crossfit

09:00
Relaxo

09:00
Relaxo

10:30
Crossfit

10:00
Relaxo

09:30
Crossfit

12:00
Aqua

15:00
Tennis

10:00
Relaxo

15:00
Kids

17:00
Crossfit

19:30
Fitnessboxen

17:00
Kids

18:00
Schwangerschaft

17:00
Kids

18:00
LesMills

19:00
Fitnessboxen

17:00
Kids

18:00
LesMills

18:00
LesMills

20:00
Mama

19:00
Fitnessboxen

Reha: Ortho 19:00

Cross Training 19:30

Teens Training 16:00

Reha: Ortho 19:00

Zumba Kids Jr. 16:15

Cross Training 19:30

Cross Training Hirsche 17:00

Aqua Reha 13:00

Cross Training 19:00

Fitness mit Taiboxen 17:00

Fitness mit Taiboxen 19:00

Yoga 18:00