

Crossfit®
09:30

Relaxo
09:00

Relaxo
09:00

Relaxo
09:00

Fit mit Baby*
09:30

AquaReha
13:00

Relaxo
10:00

Relaxo
10:00

Relaxo
10:00

Crossfit®
09:30

Relaxo
10:00

Relaxo
10:00

Crossfit®
10:30

Kids Fit
15:00

Relaxo
10:00

Kids Fit
10:00

Crossfit®
17:00

Mobility
11:30

Teekamp
17:00

AquaReha
13:00

LesMills®
BODYATTACK

Schwangerschafts
gymnastik

AquaReha
13:00

Crossfit®
19:00

Crossfit®
17:00

LesMills®
BODYFLEX

Jumping
Bros®

Kindersport
ab 4 Jahre

Jumping
Bros®

Yoga
18:00

LesMills®
BODYPUMP