

LuckyFitness.de Kursplan für Studio Haldensleben

Montag

09:30
Reha Ortho

16:00
Reha Ortho
KidsFightclub

17:00
Yoga
KidsFightclub

18:00
TeensFightclub

18:30
Zumba

19:00
Fitnessboxen / Thaiboxen

19:30
LesMills BODYPUMP

Dienstag

09:00
Reha Ortho

10:00
Reha Ortho

17:00
Reha

18:00
LesMills BODYATTACK

Mittwoch

16:00
KidsFightclub

17:00
KidsFightclub

18:00
LesMills BODYPUMP
TeensFightclub

19:00
Mobility
Fitnessboxen / Thaiboxen

Donnerstag

17:00
Reha Ortho

18:00
Bauch-Beine-Po

18:30
Jumping Fitness

19:00
Reha Ortho

Freitag

09:00
Fit mit Baby

10:00
Reha Ortho

18:00
Fitnessboxen / Thaiboxen